

# CLENDINNING TECHNIQUE OF ENERGY HEALING

## Healing Session Step by Step

1. Practitioner calls for protection around himself/herself and welcomes client.
2. Client fills out consult form. Note that the practitioner should not look at the form to see what the client's health challenges are. The form is for a record and to confirm what the practitioner finds after the healing session.
3. Client removes shoes and lies face down on the table.
4. Practitioner checks leg lengths.
5. Removal of the negative aura. This should be a quick process, taking five to ten minutes
6. Practitioner asks whether there are any entities, and if so, removes them.
7. Practitioner begins checking out the various parts of the body, starting with the feet and moving up to the head, also including the hands and arms.
8. Practitioner uses hands to remove disharmony from areas needing work.
9. Practitioner may need to do a "psychic surgery" on areas of great disharmony.
10. Patient turns over to lie on front. Make sure the patient is comfortable.
11. Practitioner checks out various parts of the body, starting with the feet and moving up to the head, including eyes and ears.
12. Practitioner uses hands to remove disharmony from areas needing work
13. Practitioner may need to do a "psychic surgery" on areas of great disharmony
14. Patient sits up.
15. Practitioner references the book *Heal Your Body* by Louise Hay to find the psychosomatic causes of illness and provide positive affirmations
16. Practitioner checks out client's vitamin and mineral deficiencies, using hands or a pendulum.
17. Practitioner provides information on foods that can help with deficiencies and gives out one or more Weston A. Price Foundation flyers as guided by intuition.
18. Practitioner checks out herbs and/or Standard Process products that could help the client.
19. Practitioner gives a hug if the client wants one.
20. Practitioner calls for the white light of protection around himself/herself.